



Since 1978

Nippon Kan

Headquarters of

A.H.A.N.

Aikido Humanitarian Active Network
Founding place of Engaged Budoism®

1365 Osage Street • Denver, Colorado 80204 • USA

303-595-8256 • Fax 303-623-0838 • email info@nippon-kan.org

www.nippon-kan.org

Nippon Kan is a 501(c)(3) Cross-Cultural Federal Non-Profit Organization

Preparatory Seminar For the Summer Marathon Seminar KEN & JO

Purpose:	<ul style="list-style-type: none"> • Homma Sensei will teach basic techniques and movements of Bokken & Jo for 3 days in preparation for more advanced moves and techniques during the Summer Marathon Seminar in August.. 	
Eligibility:	<ul style="list-style-type: none"> • White, Yellow or Green Belt students who are registered as Aikido Nippon Kan Regular Members 	
Instructors:	<p style="text-align: center;">Gaku Homma Sensei</p> <ul style="list-style-type: none"> o Nippon Kan's Kancho, i.e. the Head of Nippon Kan <p style="text-align: center;">Chris Abeyta Sensei</p> <ul style="list-style-type: none"> o Aikido Nippon Kan 6th Dan, Bokken & Jo Instructor 	
Seminar Dates:	July 6 (fri)	5:15pm ~ 7:00pm
	July 7 (sat)	8:30am ~ 10:00am
	July 8 (sun)	10:00am ~ 12:00pm
		<p>Note: There will be a Potluck party sponsored by Hakama Kai from 12:30pm on July 8 (sun).</p> <ul style="list-style-type: none"> • Hakama Kai members will be the host to entertain colored belt students
Seminar Fee	<p>Free of charge, if you have registered for the Summer Marathon Seminar.</p> <ul style="list-style-type: none"> • \$30 for the Prep. Seminar Only. 	

How to Sign up:	<ul style="list-style-type: none">• Please sign up at the front office.



Homma Kancho at the Iwama Dojo in Japan at around 17 years of age when he was an uchideshi of the Founder of Aikido.



Homma Kancho at around 20 years of age, holding the sword that has been passed down from generation to generation in the Homma Family.



Homma Kancho at the Iwama Dojo in Japan, at around 17 years of age when he was an uchideshi of the Founder of Aikido.



Homma Kancho teaching at the Nepalese Rangers' Training Base in 2017.

Bokken & Jo techniques and movements must be taught by instructors who not only have practiced and mastered the basics for a long time but understand the value of the history of Japan and traditions that have been passed on from previous generations in Japan.

Homma Kancho started practicing Aikido and its Bokken & Jo techniques and movements when he was 14 years old, and Homma Kancho has continued honing in on his understanding of the techniques and movements so that he can teach with confidence.

Hakama Kai Members:

Hakama Kai Members: As mentioned in this email, a Preparatory Bokken & Jo Seminar will be held for white-, yellow- and green-belt students. One of the purposes of this seminar is to ratchet up the level of engagement with less experienced students to increase their attendance and the chances of them staying with Nippon Kan on a more permanent basis. A Hakama-Kai sponsored Potluck Party is being planned after the seminar. And this will be a fantastic occasion for Hakama-Kai members and white-, yellow- and green-belt students to get together to get to know one another more, especially when such an opportunity has been scarce. Please work out your schedule and join the occasion! Please write down your name and what you will bring to the Potluck Party on a sign-up sheet placed on the counter of the Dojo's front office window.

Thank you all, and we look forward to seeing you all at the Potluck Party!

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