

Nippon Kan Kids' Corner Newsletter

Fall 2023

Welcome to our Nippon Kan Youth Program newsletter! We will use this newsletter to share fun information and news with Youth Program members and families! Please share this with your friends and invite them to practice with us!

Upcoming Events:



- Oct. 21
- Nov. 18

Homeless Meal Service Prep

Parents, while your kids are in class, come slice and dice vegetables for curry!

Location: Domo Garden at 10:45 AM

- Oct. 28
- Nov. 25

Parent's Day

Parents, join your kids on the mat or watch class from the back of the dojo! Wear comfy workout clothes and bring a water bottle.

Location: Dojo at 11:00 AM

Nippon Kan News!

- Summer is winding down and school is starting up again! We look forward to seeing you on the mat too!
- We have many new students, thanks to Homma Sensei's campaign to offer complementary tuition for a short time. Thank you for all who took part in this program! **Moving forward, tuition will resume at \$25 per month per student.**



Part of a special homeless meal service!

Apples from Domo garden served in a cold sorbet!



What is Parents Day?

- Sometimes, having observers watching class can make it hard for kids to focus and learn, but we still want to make Nippon Kan engaging for everyone.
Enter: Parents Day!
- Parents Day is an opportunity to experience kids' class, whether you choose to join your children on the mat or watch from the back of the dojo.
- So, put down the Starbucks and the cell phone away and join your children for an hour of traditional Japanese Aikido training!



Thank you for coming to class and always making us smile! See you on the mat!

For more great stories and dojo news, follow Aikido Nippon Kan on Facebook!



Robin, Kim, and Eric Sensei



To Keiko-gi, or Not to Keiko-gi?

- We do not require a keiko-gi, or practice uniform, for the kids' class. We want the focus to be on learning aikido, not buying equipment. And, kids grow out of them!
- Even still, if your kids are interested in starting to wear a keiko-gi to class, **this is a great way to enhance practice, and also makes promotions fun!**
- If this is something that works for you, we recommend checking thrift stores for gently used keiko-gi or reaching out to friends with grown kids who may have old practice uniforms.