



Culture and beauty of Lake Inle, Myanmar

Tour fees \$3200.00 *

**Tour Fees subject to change depending on international
airline ticket costs at time of group purchase.**

Nippon Kan AHAN Project Support Myanmar Tour May 22nd-31st, 2010 with Gaku Homma, Nippon Kan Kancho



Temples of Bagan, Myanmar

In 2009, Nippon Kan AHAN began a program of humanitarian aid in Myanmar. Last September, a delegation of Nippon Kan students went to Myanmar to further develop AHAN projects in support of children and to strengthen new friendships there through Aikido practice. This year's tour, led by Homma Kancho, will be a unique adventure of cross-cultural exchange as this tour will also be bringing supplies and support to the newly established AHAN Learning Center in Yangon. Ultimately, this tour promises to be a memorable and rewarding way to experience the beauty, culture and history of the Myanmar people. This tour will also include a visit to the Yadanapon Yeiknye in Buddhist Temple Orphanage where AHAN has begun a program of humanitarian aid. (link here to Nippon Kan website articles on the 2009 Myanmar tour. http://nippon-kan.org/dojo_news/09/aug-dec/aug-dec-10.html#myanmartour.)

Local travel in Myanmar will be by charter bus and plane, accompanied by official, licensed interpreters and guides. Hotel arrangements will be 4 to 5 star accommodations with all meals included. Aikido practice is also part of this tour with practice held with U Mya Sein Sensei, Chief Instructor of the Myanmar Aikikai New Organization in Yangon and Mandalay Bay.

This 10 day tour will include a full seven days in Myanmar with visits to Yangon, the capital city of Myanmar, Bagan historical ruins, the exotic city of Mandalay and the beautiful region of Lake Inle.

Myanmar Domestic Tour fees of \$1300.00 will include all domestic transportation, hotels, all meals, guide services, admission fees, taxes and aikido practice tuitions (for single occupancy add +\$200.00).

International roundtrip airfare from Denver to Yangon is currently estimated at \$1900.00 (airfare prices subject to change) *Once the group itinerary has been established, participants are welcome to use their own miles account and meet the group in Bangkok for the flight into Yangon. Reservations and deposit of \$1000.00 are due by Sept 10th, 2010. Myanmar requires a visa, and we will need at least two weeks for processing. (Visa application fees are applicable and non-refundable.) The balance will be due once the visas have been processed so that group airline reservations can be made. Tour participants must be 18 years of age and in good physical condition. (Visits to some temples and natural areas require medium levels of physical agility and stamina.)

For more information or to sign up for the tour, contact Emily Busch at 303-894-0100 or by email at emilybusch@qwestoffice.net Space limited!