

AIKIDO NIPPON KAN OFFERS THE FOLLOWING BEGINNERS CLASS SCHEDULE:

Aikido Beginners Class for Adults: Minimum requirement: 16 years of age	sec. 1 Mondays & Wednesdays, 6:30–7:45 P.M. Next Class Begins: _____
	sec. 2 Tuesdays & Thursdays, 6:30–7:45 P.M. Next Class Begins: _____
	sec. 3 Saturdays & Sundays, 8:30–9:45 A.M. Next Class Begins: _____
	sec. 4 Tuesdays & Thursdays, 7:45–9:00 P.M. Next Class Begins: _____

The 12 classes of the beginning course focus on and organize concepts of Aikido to help students learn without difficulty. In the six-week practice you will be introduced to over 40 techniques of movement basic to this art. Your training will not be limited to physical techniques alone. In the style of Aikido Nippon Kan, instructors will show the applications you can find in daily life for the lessons of Aikido.

After registration, if you cannot attend a class on the regular day for your section, you may make up a class in any of the other sections, up to a total of 12 for six weeks.

FEE: \$55/6 weeks — REGISTRATION: Before deciding to register, you may wish to observe part of a class (observers are welcome Mon.–Thurs. from 5:15-6:30 P.M.) Choose a section, then fill out and mail the registration form below with payment to “Nippon Kan.” Or, bring the form and payment with you 15 minutes before the beginning of the section for which you wish to register.

Aikido for Children: Saturdays, 10:00–11:00 A.M. (on-going)

As detailed Gaku Homma's book, *Children and the Martial Arts—An Aikido Point of View*, this class is focused on young people from 7 to 15 years of age. Unlike other martial arts, in which kicks and punches are taught and competition is emphasized, the distinctive point of Aikido is movement—*en* (circle) and *wa* (harmony). As you know, children are very honest and try to apply what they learn to the society around them. The martial art you choose for your children can become a valuable gift for their future.

FEE: \$25 per month — REGISTRATION: Parents are invited to observe a Saturday morning class with their child before deciding to register (please make sure that your child really wants to join). Bring in your child 15 minutes before class is scheduled.

For your comfort and safety, please dress appropriately for class:
Wear loose long-sleeved sweatshirt and pants—no jeans, jewelry, shoes or socks.
You may wish to bring a handkerchief or small towel to wipe your face and hands.

OBSERVERS WELCOME: Monday through Thursday, 5:15–6:30 p.m. For more information, call (303) 595-8256

GENERAL CLASS	WEAPONS CLASS	HAKAMA KAI CLASS	TECHNICAL EXPERT CLASS
For all regular members and visitors.	For all regular members and visitors.	For all Hakama Kai members, and visitors by invitation.	For all regular members, and visitors by invitation.
MONDAY–THURSDAY	FRIDAY	MONDAY	WEDNESDAY
5:15 P.M.–6:30 P.M.	5:15 P.M.–6:30 P.M. 6:30 P.M.–7:45 P.M.	7:45 P.M.–9:00 P.M.	7:45 P.M.–9:00 P.M.

**— REGISTRATION —
CANCEL, DROP & REFUND POLICY**

- Registrants must sign a Nippon Kan liability release waiver.
- Full refunds are made when a class is cancelled by Nippon Kan.
- Full tuition refunds (payment minus registration fee) are made if:
 1. You notify Nippon Kan in writing that you are dropping the course you are registered for a full day prior to the first class meeting.
 2. You notify Nippon Kan after attending the first hour of the class (but not after the end of the class period) if you are in a wrong class, or if you are dissatisfied and decide to drop the course. One day seminars are excluded from above.
- Partial refunds (payments minus registration fees, minus 20% of tuition) are made if you notify Nippon Kan in writing that you will be dropping the course after the first meeting but before the second meeting.
- No refunds are made outside the above indicated conditions.

**Mail the registration form with your check payable to:
NIPPON KAN**

**AIKIDO NIPPON KAN
Registration Form**

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (W) _____

e-mail Address _____

Course _____ sec. _____ Fee \$ _____

Start Date _____

TOTAL ENCLOSED \$ _____

CASH CHECK # _____